

Spring 2017

Parenting with Passion

Registration begins Tuesday, April 4, 2017

Subsidies are available upon request for all courses.

Please ask at time of registration.



MULTI-WEEK COURSES

Title	Dates	Time	Location	Address
Parenting Your 6-12 Year Old (5 weeks, \$100.00) These middle childhood years bring tremendous change! Develop the skills to help your child thrive—at school, with friends, in the community and at home. Learn how your relationship with your child continues to be the most important component of his or her growth and development.	Tuesdays, April 18 to May 16, 2017	6:30 pm - 8:30 pm	KW Counselling Services	480 Charles Street East, Kitchener
Raising Connected Kids (5 weeks, \$75.00) This course is all about relationships! We will explore the core ingredients of parent-child connection and look at how this key relationship guides all others. Through discussion and sharing with other parents, you will learn the skills to strengthen your relationship with your child as well as learn how to help your child develop important relationship skills.	Wednesdays, May 3 to May 31, 2017	6:30 pm - 8:00 pm	Breithaupt Community Centre	350 Margaret Avenue, Kitchener
Parenting Babies and Toddlers (4 weeks, \$80.00) Welcome to parenting! This course will give you practical strategies for building a strong relationship with your baby. Develop the skills and knowledge to give your baby the best start possible.	Thursdays, May 4 to May 25, 2017	1:30 pm - 3:30 pm	KW Counselling Services	480 Charles Street East, Kitchener
Anger Management for Parents (6 weeks, \$90.00) Parents feel angry sometimes. So do kids! Join other parents and learn how to recognize your own anger patterns, model healthy ways of expressing anger, and help your children learn to manage their emotions effectively by developing skills that will last a life-time!	Thursdays, May 4 to June 8, 2017	6:30 pm - 8:00 pm	KW Counselling Services	480 Charles Street East, Kitchener

SHARPEN YOUR PARENTING SKILLS IN A DAY

(Single day workshops)

Title	Dates	Time	Location	Address
Raising Socially & Emotionally Intelligent Kids (\$50.00) We understand the importance of equipping children with the intellectual skills they need to succeed in school and life. But children also need skills to master their emotional and social worlds. This workshop will give parents an opportunity to gain an understanding of emotional and social intelligence, and the skills to support their children as they navigate their social and emotional experiences.	Saturday, June 10, 2017	10:00 am - 3:00 pm	KW Counselling Services	480 Charles Street East, Kitchener

POSITIVE PARENTING SEMINAR SERIES

(Single evening workshops – Sponsored by the Waterloo Region Record, Free of Charge)

Title	Dates	Time	Location	Address
<p>Encouraging a Love of Learning (Free)</p> <p>Do you worry about your child’s academic achievement? Is your child worried about grades or test scores? Does your child resist going to school at times? Do you struggle to get your child to do homework, practice skills, or even seem interested in learning?</p> <p>In this workshop, we will shift the focus from achievement and “product” and will, instead, look at the process of learning. As a parent or an educator, you will learn practical skills to help children become excited about and open to learning. We will discuss how exploration, risk-taking and failure build resilience and help children develop important life-long learning skills. We will also explore how relationships create motivation for and openness to, learning.</p>	Monday, April 24, 2017	6:30 pm - 8:30 pm	Centreville-Chicopee Community Centre	141 Morgan Avenue, Kitchener
<p>Raising Responsible Children (Free)</p> <p>Raising children to be responsible goes beyond the issue of getting them to help with chores or be diligent with their homework. It goes to the very heart of our relationships and interactions with our children. From building responsibilities around the home to guiding children in their interactions ‘out-there’ in the world, this workshop will help you develop positive strategies with your child that will lay the foundation for developing the array of qualities associated with responsibility.</p>	Wednesday, May 10, 2017	6:30 pm - 8:30 pm	St. Benedict Catholic Secondary School	50 Saginaw Parkway, Cambridge
<p>From Argument to Agreement (Free)</p> <p>Bedtime. Chores. Homework. Sibling bickering. These and other hassles with your children can bring you to the boiling point. This strategy-packed course will give you ideas for handling this conflict with your children.</p>	Tuesday, May 23 2017	7:15 pm - 9:00 pm	Doon Pioneer Park Community Centre	150 Pioneer Drive, Kitchener
<p>Sex, Technology and Safety (Free)</p> <p>Many parents struggle with talking to their children about sex. However, sexual health is not just about sex. It includes information about relationships, decision making, well-being and behaviours. This workshop will provide you with the tools and resources you need to become your child’s “go-to” person for sexual health information, share your values and beliefs, and learn how to take advantage of teachable moments.</p>	Tuesday, May 30, 2017	6:30 pm - 8:30 pm	KW Counselling Services	480 Charles Street East, Kitchener
<p>Positive Discipline, Cooperative Kids (Free)</p> <p>This workshop will help you get past daily power struggles with your children. It will show how you can encourage cooperation, set realistic expectations/limits, and problem-solve using positive discipline strategies.</p>	Tuesday, June 6, 2017	6:30 pm - 8:30 pm	Resurrection Catholic Secondary School	455 University Avenue West, Kitchener

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