

Summer 2016

Parenting with Passion



Celebrating Change!

Registration begins June 21, 2016

Contact Us
519.884.0000



POSITIVE PARENTING SEMINAR SERIES

Title	Dates	Time	Location	Address
<p>Positive Discipline, Cooperative Kids (Fee: \$20) This program will help you get past daily power struggles with your children. It will show how you can encourage cooperation, set realistic expectations and limits for your children, and problem-solve using positive discipline strategies.</p>	<p>Tuesday, July 12, 2016 Wednesday, August 17, 2016</p>	<p>1:30 pm - 3:30 pm 6:00 pm - 8:00 pm</p>	<p>KW Counselling Services</p>	<p>480 Charles Street East, Kitchener</p>
<p>Building Self-Esteem (Fee: \$20) Nothing is more important to a child's future than his/her own sense of self-worth. This workshop encourages parents to be more conscious of the subtle (and not so subtle) ways they affect their child's self-esteem. Learn realistic, practiced, and proven techniques for nurturing your child's self-esteem.</p>	<p>Thursday, July 28, 2016</p>	<p>10:00 am - 12:00 pm</p>	<p>KW Counselling Services</p>	<p>480 Charles Street East, Kitchener</p>
<p>Strategies for Separated Parents (Fee: \$20) This program focuses on putting your child first, and developing a positive long-term relationship with your child's other parent. Topics include children's issues in divorce, managing anger, resolving conflicts and effective communication.</p>	<p>Tuesday, August 9, 2016</p>	<p>6:30 pm - 8:30 pm</p>	<p>KW Counselling Services</p>	<p>480 Charles Street East, Kitchener</p>
<p>Children and Stress (Fee: \$20) Children get stressed, too! Whether it is busy schedules, feeling unable to meet expectations, conflict in relationships, daily worries, or any other challenge, our kids can be affected by stress in the same way we are. This workshop will help you identify signs that your child is feeling stressed and give you strategies to help your child deal positively with stress.</p>	<p>Thursday, September 15, 2016</p>	<p>6:00 pm - 8:00 pm</p>	<p>KW Counselling Services</p>	<p>480 Charles Street East, Kitchener</p>



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Or email parenting@kwcounselling.com

www.kwcounselling.com

Subsidies are available if needed. Please ask at time of registration.