



KW Counselling Services has been offering quality parenting programs throughout the Waterloo Region for over 35 years. Our Parenting with Passion programs cover a wide range of parenting topics designed for parents and other adults interested in the wellbeing of children and adolescents.

## Our program objectives are:

- To enhance parent-child attachment and promote positive family relationships
- To increase understanding of brain development and factors that impact on children's behaviors
- To increase parent/caregiver competence in the use of positive discipline strategies
- To increase effective communication skills within the family
- To increase parent and child/teen capacity to effectively regulate strong emotions
- To promote parent self-awareness and self-care practices
- To inform about the range of resources and services available within our community

Contact Us  
519.884.0000

**KW**  
Counselling  
SERVICES

# Parenting with Passion

Everyone is welcome to attend our parenting programs. We offer one night seminars, 4-8 week courses, and full-day workshops. Fees are charged for most of our courses because high quality parent education is costly. Subsidies are available for all courses and based on annual family income. For more information please visit [www.kwcounselling.com](http://www.kwcounselling.com).

Contact us at [parenting@kwcounselling.com](mailto:parenting@kwcounselling.com) or call **519.884.0000**.



\* GRT Route 7 Bus Stops #1883 and #2568 at the corner of King and Borden



**United Way**  
SERVING KITCHENER-WATERLOO  
And the Townships of Wellesley, Wilmot and Woolwich