

Fall 2016

Parenting with Passion

Registration begins September 13, 2016

Subsidies are available upon request for all courses.

Please ask at time of registration.



MULTI-WEEK COURSES

Title	Dates	Time	Location	Address
Raising Connected Kids (6 weeks, \$120.00) This course is all about relationships! We will explore the core ingredients of parent-child connection and look at how this key relationship guides all others. Through discussion and sharing with other parents, you will learn the skills to strengthen your relationship with your child as well as learn how to help your child develop important relationship skills.	Tuesdays, October 18 to November 22, 2016	6:30 pm - 8:30 pm	KW Counselling Services	480 Charles Street East, Kitchener
Rainbow Parenting (4 weeks, \$80.00) This workshop is designed to address the unique challenges that may face the LBGTQ+ family. Within a positive and open environment, parents will learn practical skills to encourage open communication, support and guide the emotional experiences of children and teens and provide structure and limits that help children flourish. Parents will have the opportunity to connect with others, share resources and strategies, and learn from each other.	Thursdays, October 20 to November 10, 2016	6:30 pm - 8:30 pm	KW Counselling Services	480 Charles Street East, Kitchener
Parenting Your 6 - 12 Year Old (5 weeks, \$100.00) These middle childhood years bring tremendous change! Develop the skills to help your child thrive—at school, with friends, in the community and at home. Learn how your relationship with your child continues to be the most important component of his or her growth and development.	Mondays, November 7 to December 5, 2016	6:30 pm - 8:30 pm	KW Counselling Services	480 Charles Street East, Kitchener

SHARPEN YOUR PARENTING SKILLS IN A DAY (Single day workshops)

Title	Dates	Time	Location	Address
Connected Dads (\$50.00) Dads play a unique, important and changing role in their families today. Join a group of fathers to learn about child development and parenting skills. Build upon your strengths and potential to become the best dad you can be!	Saturday, October 22, 2016	10:00 am - 3:00 pm	KW Counselling Services	480 Charles St. East, Kitchener
Strategies for Separated Parents (\$50.00) This program focuses on putting your child first, and developing a positive long-term relationship with your child's other parent. Topics include children's issues in divorce, managing anger, resolving conflicts and effective communication.	Saturday, November 19, 2016	10:00 am - 3:00 pm	KW Counselling Services	480 Charles Street East, Kitchener

<p>Raising Your Spirited Child (\$50.00)</p> <p>By temperament, some kids are more intense, sensitive, perceptive, persistent, and uncomfortable with change. This full day workshop will help you understand your child's temperament, as well as your own, and how differences in your personalities shape your daily interactions. Guided by M. Sheedy Kurcinka's book, you will learn positive strategies for handling challenging times, and bringing out the best in your spirited child.</p>	<p>Friday, December 2, 2016</p>	<p>10:00 am - 3:00 pm</p>	<p>KW Counselling Services</p>	<p>480 Charles St. East, Kitchener</p>
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POSITIVE PARENTING SEMINAR SERIES

(Single evening workshops – Sponsored by the Waterloo Region Record, Free of Charge)

Title	Dates	Time	Location	Address
<p>Connecting with Your Teen (Free)</p> <p>Become involved in your teen's life in a way that your teen will welcome! Learn how to keep the lines of communication open, and help them: make responsible choices, handle peer pressure, and feel good about themselves.</p>	<p>Thursday, October 13, 2016</p>	<p>6:30 pm - 8:30 pm</p>	<p>Resurrection Catholic Secondary School</p>	<p>455 University Avenue West, Kitchener</p>
<p>Children and Anxiety (Free)</p> <p>As parents, we expect that our children will experience fear or anxiety from time to time. Sometimes, though, childhood fears and anxieties are bigger than we expect and leave us at a loss for how to respond. This workshop will help you understand what to do when your child is experiencing fear or anxiety, and how you can help your child to develop skills for understanding and managing these.</p>	<p>Wednesday October 26, 2016</p>	<p>6:30 pm - 8:30 pm</p>	<p>Centreville- Chicopee Community Centre</p>	<p>141 Morgan Avenue, Kitchener</p>
<p>Encouraging a Love of Learning (Free)</p> <p>Do you worry about your child's academic achievement? Is your child worried about grades or test scores? Does your child resist going to school at times? Do you struggle to get your child to do homework, practice skills, or even seem interested in learning?</p> <p>In this workshop, we will shift the focus from achievement and "product" and will, instead, look at the process of learning. As a parent or an educator, you will learn practical skills to help children become excited about and open to learning. We will discuss how exploration, risk-taking and failure build resilience and help children develop important life-long learning skills. We will also explore how relationships create motivation for and openness to learning.</p>	<p>Tuesday, November 15, 2016</p>	<p>6:30 pm - 8:30 pm</p>	<p>Langs</p>	<p>1145 Concession Road, Cambridge</p>
<p>From Argument to Agreement (Free)</p> <p>Bedtime. Chores. Homework. Sibling bickering. These and other hassles with your children can bring you to the boiling point. This strategy-packed course will give you ideas for handling this conflict with your children.</p>	<p>Monday, December 5, 2016</p>	<p>6:30 pm - 8:30 pm</p>	<p>St. Benedict's Catholic Secondary School</p>	<p>50 Saginaw Parkway, Cambridge</p>

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