

Summer 2018 Parenting with Passion



Registration begins Tuesday, July 3, 2018

e-mail parenting@kwcounselling.com

Subsidies may be available upon request.

Please ask at time of registration.

Contact Us
519.884.0000



SHARPEN YOUR PARENTING SKILLS

(single 3 hour workshops, certificates are given)

Children & Stress (\$30)

Wednesday, July 25, 2018, 5:30pm – 8:30pm

KW Counselling Services, 480 Charles Street East, Kitchener

Children get stressed, too! Whether it is busy schedules, feeling unable to meet expectations, conflict in relationships, daily worries, or any other challenge, our kids can be affected by stress in the same way we are. This workshop will help you identify signs that your child is feeling stressed and give you strategies to help your child deal positively with stress.

Positive Discipline, Cooperative Kids (\$30)

Friday, August 24, 2018, 9:00am – 12:00pm

KW Counselling Services, 480 Charles Street East, Kitchener

This program will help you get past daily power struggles with your children. It will show how you can encourage cooperation, set realistic expectations/limits, and problem-solve using positive discipline strategies.

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