



# Strong Moms, Safe Kids Group

A Program for Mothers and Children Healing from Domestic Violence

A FREE program, Wednesdays from 5:30 to 8:00 p.m.  
starting April 10, 2019 and running for 10 weeks

## This program is for:

- Mothers who have experienced abuse in intimate relationships.
- Their children, ages 4 to 18, who have witnessed abuse in their homes.
- Mothers and children living apart from the person who abused them.

Multicultural facilitators are there to meet the needs of those from diverse ethno-cultural groups. Interpreters are available for women and children who do not speak English. Transportation is provided for families without the use of a vehicle.

## Each group session will include:

- A shared meal
- Interactive large group activities and family activities
- Smaller group activities for mothers and children
- A different topic weekly about healing from abuse

## For more information, contact:

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Contact Us  
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