



Strong Moms, Safe Kids Group

A Program for Mothers and Children Healing From Domestic Violence

A FREE program, Wednesdays from 5:30 to 8:00 p.m.
starting September 18, 2019 and running for 10 weeks

This program is for:

- Mothers who have experienced abuse in intimate relationships.
- Their children, ages 4 to 18, who have witnessed abuse in their homes.
- Mothers and children living apart from the person who abused them.

Multicultural facilitators are there to meet the needs of those from diverse ethno-cultural groups. Interpreters are available for women and children who do not speak English. Transportation is provided for families without the use of a vehicle.

Each group session will include:

- A shared meal
- Interactive large group activities and family activities
- Smaller group activities for mothers and children
- A different topic weekly about healing from abuse

For more information, contact:

Elizabeth Hachborn

phone: 519.884.0000 x240 **fax:** 519.884.7000

email: ehachborn@kwcounselling.com

This program is funded through the Ministry of Community and Social Services.

Contact Us
519.884.0000

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