

Clinical Supervision Training



Provided by: Veena Kaur, M.Sc., RP, RMFT

Director of Training, Multicultural, and Trauma Services

Cost for each 3 hour training session is \$100.00

Registration and payment required in advance through Eventbrite.ca

Courses will be most beneficial to mental health professionals, such as social workers, therapists, counsellors, and support workers.

April 23, 2021 Safe and Effective Use of Self in Clinical Supervision:

Our history, our context and experiences, these all can have significant impact on who we are as psychotherapists. "Use of Self" refers to our ability to understand and to draw upon our subjective experience in our work with clients. In this workshop, we will focus on how, as supervisors, we support supervisees in building this competency. We will also reflect on supervisors' use of self in supervision.

9am to 12noon \$100.00 <https://www.eventbrite.ca/e/safe-and-effective-use-of-self-in-clinical-supervision-tickets-141484480891?aff=ebdssbonlinesearch>

April 30, 2021 Putting Theory into Practice in Clinical Supervision:

Psychotherapists have a wide range of theoretical frameworks to choose from for their work with clients. However, they often struggle with applying theory into practice in a coherent manner and look to their supervisors for support in developing this skill. In this workshop, we will discuss how case conceptualization relates to any specific theoretic model used and how this shapes the goals and outcomes of therapy. Supervisors will explore the phenomenon of "parallel process" in applying theory to practice.

9am to 12noon \$100.00 <https://www.eventbrite.ca/e/putting-theory-into-practice-in-clinical-supervision-tickets-141478593281?aff=ebdssbonlinesearch>

May 28, 2021 Roles and Responsibilities in Clinical Supervision:

A clinical supervisor plays multiple roles including that of a teacher, mentor, coach and administrator. This workshop will explore these roles as well as the responsibilities associated with each of these roles. We will focus on clinical supervision being a place for building and integrating Psychotherapy competencies outlined by CRPO.

9am to 12noon \$100.00 <https://www.eventbrite.ca/e/roles-and-responsibilities-in-clinical-supervision-tickets-141487710551?aff=ebdssbonlinesearch>

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